

PROGRAM DESCRIPTOR
AMPUTATION SPECIALTY PROGRAM

Statement of Purpose: To provide a holistic interdisciplinary approach through the continuum of care by acute intensive, comprehensive, and goal directed services to persons with or at risk for limb loss. The population includes individuals of various cultural and spiritual backgrounds. Treatment is designed to prevent and/or maximize chronic disabilities while restoring an optimal level of physical and behavioral function, while considering the person, family, and community.

Program Goal:

- To provide an acute interdisciplinary program under the direction of a physiatrist in a designated space within a medical facility.
- To enhance a person's physical function, cognitive function, and quality of life.
- To provide education on identifying and reducing risk factors for recurrent amputations or other conditions related to amputations and associated complications.
- To optimize a person's communication, behavioral, and coping abilities.
- To provide psychological and social support for needed coping and adaptation skills by facilitating resources and understanding as they adapt to life roles.
- Family education and support by a full complement of healthcare providers; case-appropriate literature and follow-up.
- To assist with a person's return to the community, job, or other appropriate level of care (subacute rehab, residential, etc.) facilitating maximum functional independence as possible.

Program Parameters: Scope of Services

- **Populations Served:** Acute rehabilitation of persons with or at risk of limb loss.
 - **Parameters for Persons Served:**
 - Minimum age of 18 years, medically stable, mentally, and physically capable of participating in 3 hours of therapy/day
 - Primary diagnosis of diagnosis of limb loss or high risk of limb loss which requires intensive and comprehensive cognitive, behavioral, physical, and psychosocial services.
 - Medical needs that require oversight by a PM&R physician and nursing with consultation availability as appropriate.
 - Expectations that the person served will make significant functional improvement within a reasonable period of time.
 - To address cultural needs staff is trained in cultural diversity.
- **Setting:** Our two rehabilitation units are comprised of 43 beds in designated spaces, with access to two therapy gyms, and additional designated spaces to optimize patients' unique therapy needs and simulate individual home environments.
- **Days/Hours/Frequency of Services:** 24/7 nursing and medical coverage; minimum of 3 hours of therapy per day, 5 days per week; weekend therapy provided.
- **Specific Services Offered:** Physiatrist; 24/7 rehabilitation nursing; neuropsychology; physical; occupational and speech therapies; social work case management; consultative services as needed (Wound care, Nutrition, Prosthetic/Orthotics, etc.). Family education and support by a full complement of healthcare providers; case-appropriate literature and follow-up. Discharge destination as appropriate to the individual.
- **Payers and Funding Sources:** Financial eligibility demonstrated through the following payer sources include but not limited to: Medicare, Medical Assistance, private insurers, Worker's Compensation, self-pay.
- **Fees:**
 - [Facility Fees | LifeBridge Health](#)

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- Facility fees or hospital-regulated based billing is a status defined by the State of Maryland Health Services Cost Review Commission (HSCRC) and the Centers for Medicaid and Medicare Services (CMS).
- Charges for services at hospital-regulated based locations are split apart for professional services (physician and other provider fee) and hospital services (facility fee). Depending on insurance coverage, it is possible benefits will be different, and some patients may have to pay a higher cost because of hospital charges (facility fees). Patients are encouraged to contact their health insurance plan for more information about insurance coverage and benefits.
- Financial assistance is offered for persons served who qualify. Financial assistance applications are available by calling Customer Service at [\(800\)788-6995](tel:8007886995), visiting the Customer Service area at the hospital care was delivered, or online on the Financial Assistance page of the LBH website. Customer Service Representatives are available by calling [\(800\)788-6995](tel:8007886995), Monday through Friday, 7:30am to 5:00pm.
- **Referral Sources:**
 - Internal referrals via PMR consultations.
 - External referrals via rehabilitation liaisons in collaboration with PMR Physicians.

Information about the Scope of Services is shared with stakeholders through a variety of mechanisms including but not limited to PMR consults, Liaisons, Admissions Office, Careport Intake, Care Management, Sinai Rehabilitation Website, Sinai Rehabilitation Brochures, Tours, Contractual Relationships with Insurance Companies, Rehabilitation Notebooks, Social Media Platforms, Community Outreach, and other resources as needed.

Sinai Rehabilitation Center Scope of Services are reviewed annually.

PROGRAM DESCRIPTOR**Brain Injury**

Statement of Purpose: To provide acute intensive, comprehensive, and goal directed services to persons with brain injuries. The population includes individuals of various cultural and spiritual backgrounds. Treatment is designed to prevent and/or minimize chronic disabilities while restoring an optimal level of physical, cognitive, and behavioral function, while considering the person, family, and community.

Program Goal:

- To provide an acute interdisciplinary program under the direction of a physiatrist in a designated space within a medical facility.
- To enhance a person's physical function, cognitive function, and quality of life.
- To optimize a person's communication, behavioral, and coping abilities.
- To provide psychological and social support for needed coping and adaptation skills by facilitating resources and understanding as they adapt to life roles.
- To assist with a person's return to the community, job, or other appropriate level of care (subacute rehab, residential, etc.) facilitating maximum functional independence as possible.

Program Parameters:

- **Populations Served:** Acute rehabilitation for persons with impairments as a result of a traumatic or nontraumatic brain injury.
 - **Parameters for Persons Served:**
 - Minimum age of 18 years, medically stable, mentally, and physically capable of participating in 3 hours of therapy/day
 - Primary diagnosis of acquired brain injury or another cerebral dysfunction which requires intensive and comprehensive cognitive, behavioral, physical, and psychosocial services.
 - Medical needs that require oversight by a PM&R physician and nursing with consultation availability as appropriate.
 - Expectations that the person served will make significant functional improvement within a reasonable period of time.
 - To address cultural needs, staff is trained in cultural diversity.
- **Setting:** Our Friedman Neurological Rehabilitation unit is comprised of 20 beds in designated spaces, with access to a therapy gym, and additional designated spaces to optimize patients' unique therapy needs and simulate individual home environments.
- **Days/Hours/Frequency of Services:** 24/7 nursing and medical coverage; minimum of 3 hours of therapy per day, 5 days per week; weekend therapy provided.
- **Specific Services Offered:** Physiatrist; 24/7 rehabilitation nursing; neuropsychology; physical; occupational and speech therapies; social work case management; consultative services as needed (Wound care, Nutrition, Prosthetic/Orthotics, etc.). Family education and support by a full complement of healthcare providers; case-appropriate literature and follow-up. Discharge destination as appropriate to the individual.
- **Payers and Funding Sources:** Financial eligibility demonstrated through the following payer sources include but not limited to: Medicare, Medical Assistance, private insurers, Worker's Compensation, self-pay.
- **Fees:**
 - [Facility Fees | LifeBridge Health](#)
 - Facility fees or hospital-regulated based billing is a status defined by the State of Maryland Health Services Cost Review Commission (HSCRC) and the Centers for Medicaid and Medicare Services (CMS).

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- Charges for services at hospital-regulated based locations are split apart for professional services (physician and other provider fee) and hospital services (facility fee). Depending on insurance coverage, it is possible benefits will be different, and some patients may have to pay a higher cost because of hospital charges (facility fees). Patients are encouraged to contact their health insurance plan for more information about insurance coverage and benefits.
- Financial assistance is offered for persons served who qualify. Financial assistance applications are available by calling Customer Service at [\(800\)788-6995](tel:8007886995), visiting the Customer Service area at the hospital care was delivered, or online on the Financial Assistance page of the LBH website. Customer Service Representatives are available by calling [\(800\)788-6995](tel:8007886995), Monday through Friday, 7:30am to 5:00pm.
- **Referral Sources:**
 - Internal referrals via PMR consultations.
 - External referrals via rehabilitation liaisons in collaboration with PMR Physicians.

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PROGRAM DESCRIPTOR**Comprehensive Integrated Inpatient Rehabilitation Program (CIIRP)**

Statement of Purpose: To provide acute intensive, comprehensive, and goal-directed services to persons with physical and cognitive impairments. The population includes individuals of various cultural and spiritual backgrounds. Treatment is designed to prevent and/or minimize chronic disabilities while restoring an optimal level of physical, cognitive, and behavioral function, while considering the person, family, and community.

Program Goal:

- To provide an acute interdisciplinary program under the direction of a physiatrist in a designated space within a medical facility.
- To enhance a person's cognitive and physical function and quality of life.
- To optimize a person's communication, behavioral, and coping abilities.
- To assist with a person's return to the community, job, or other appropriate level of care (subacute rehab, residential, etc.) facilitating maximum functional independence.

Program Parameters: Scope of Services

- **Populations Served:** Acute rehabilitation for persons with impairments as a result of, but not limited to diagnostic categories including orthopedic, neurological, brain injury, stroke, amputation, cardiopulmonary, oncology, debility, and other diagnoses.
 - **Parameters for Persons Served:**
 - Minimum age of 18 years, medically stable, mentally, and physically capable of participating in 3 hours of therapy/day
 - Primary diagnosis of diagnosis of orthopedic, cerebral, debility, cardiac, amputee, transplants or medically complex impairments which require intensive and comprehensive cognitive, behavioral, physical, and psychosocial services.
 - Medical needs that require oversight by a PM&R physician and nursing with consultation availability as appropriate.
 - Expectations that the person served will make significant functional improvement within a reasonable period of time.
 - To address cultural needs staff is trained in cultural diversity.
- **Setting:** Our two rehabilitation units are comprised of 43 beds in designated spaces, with access to two therapy gyms, and additional designated spaces to optimize patients' unique therapy needs and simulate individual home environments.
- **Days/Hours/Frequency of Services:** 24/7 nursing and medical coverage; minimum of 3 hours of therapy per day, 5 days per week: weekend therapy provided.
- **Specific Services Offered:** Physiatrist; 24/7 rehabilitation nursing; neuropsychology; physical; occupational and speech therapies; social work case management; consultative services as needed (Wound care, Nutrition, Prosthetic/Orthotics, etc.). Family education and support by a full complement of healthcare providers; case-appropriate literature and follow-up. Discharge destination as appropriate to the individual.
- **Payers and Funding Sources:** Financial eligibility demonstrated through the following payer sources include but not limited to: Medicare, Medical Assistance, private insurers, Worker's Compensation, self-pay.
- **Fees:**
 - [Facility Fees | LifeBridge Health](#)
 - Facility fees or hospital-regulated based billing is a status defined by the State of Maryland Health Services Cost Review Commission (HSCRC) and the Centers for Medicaid and Medicare Services (CMS).
 - Charges for services at hospital-regulated based locations are split apart for professional services (physician and other provider fee) and hospital services (facility fee). Depending on insurance coverage, it is possible benefits will be different, and some patients may

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have to pay a higher cost because of hospital charges (facility fees). Patients are encouraged to contact their health insurance plan for more information about insurance coverage and benefits.

- Financial assistance is offered for persons served who qualify. Financial assistance applications are available by calling Customer Service at (800)788-6995, visiting the Customer Service area at the hospital care was delivered, or online on the Financial Assistance page of the LBH website. Customer Service Representatives are available by calling (800)788-6995, Monday through Friday, 7:30am to 5:00pm.
- **Referral Sources:**
 - Internal referrals via PMR consultations.
 - External referrals via rehabilitation liaisons in collaboration with PMR Physicians.

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PROGRAM DESCRIPTOR**Spinal Cord Dysfunction**

Statement of Purpose: To provide acute intensive, comprehensive, and goal directed services to persons with spinal cord dysfunction. The population includes individuals of various cultural, spiritual, and socioeconomic backgrounds. Treatment is designed to prevent and/or minimize chronic disabilities while restoring an optimal level of physical, cognitive, and behavioral function, while considering the person, family, and community.

Program Goal:

- To provide an acute interdisciplinary program under the direction of a physiatrist in a designated space within a medical facility.
- To enhance a person's physical function, cognitive function, and quality of life.
- To provide education on identifying and reducing complications associated with spinal cord dysfunction.
- To optimize a person's communication, behavioral, and coping abilities.
- To provide psychological and social support for needed coping and adaptation skills by facilitating resources and understanding as they adapt to life roles.
- Family education and support by a full complement of healthcare providers; case-appropriate literature and follow up.
- To assist with a person's return to the community, job, or other appropriate level of care (subacute rehab, residential, etc.) facilitating maximum functional independence as possible.

Program Parameters: Scope of Services

- **Populations Served:** Acute rehabilitation of persons with spinal cord dysfunction.
 - **Parameters for Persons Served:**
 - Minimum age of 18 years, medically stable, mentally and physically capable of participating in 3 hours of therapy/day
 - Primary diagnosis spinal cord dysfunction which requires intensive and comprehensive cognitive, behavioral, physical, and psychosocial services.
 - Medical needs that require oversight by a PM&R physician and nursing with consultation availability as appropriate.
 - All cases referred for spinal cord dysfunction will be extensively reviewed by the PM&R physicians in regard to etiology, level and completeness of dysfunction, and associated comorbidities. The PM&R physicians will determine if the program is the appropriate level of care and has the appropriate resources to meet the needs of the person served.
 - Expectations that the person served will make significant functional improvement within a reasonable period of time.
 - To address cultural needs, staff is trained in cultural diversity.
- **Setting:** Our two rehabilitation units are comprised of 43 beds in designated spaces, with access to two therapy gyms, and additional designated spaces to optimize patients' unique therapy needs and simulate individual home environments.
- **Days/Hours/Frequency of Services:** 24/7 nursing and medical coverage; minimum of 3 hours of therapy per day, 5 days per week; weekend therapy provided.
- **Specific Services Offered:** Physiatrist; 24/7 rehabilitation nursing; neuropsychology; physical; occupational and speech therapies; social work case management; consultative services as needed (Wound care, Nutrition, Prosthetic/Orthotics, etc.). Family education and support by a full complement of healthcare providers; case-appropriate literature and follow-up. Discharge destination as appropriate to the individual.

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- **Payers and Funding Sources:** Financial eligibility demonstrated through the following payer sources include but not limited to: Medicare, Medical Assistance, private insurers, Worker's Compensation, self-pay.
- **Fees:**
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- **Referral Sources:**
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PROGRAM DESCRIPTOR
STROKE

Statement of Purpose: To provide acute intensive, comprehensive, and goal directed services to persons after stroke. The population includes individuals of various cultural, spiritual, and socioeconomic backgrounds. Treatment is designed to prevent and/or minimize chronic disabilities while restoring an optimal level of physical, cognitive, and behavioral function, while considering the person, family, and community.

Program Goal:

- To provide an acute interdisciplinary program under the direction of a physiatrist in a designated space within a medical facility.
- To enhance a person's physical function, cognitive function, and quality of life.
- To provide education on identifying and reducing risk factors for recurrent stroke or other conditions related to stroke and associated complications.
- To optimize a person's communication, behavioral, and coping abilities.
- To provide psychological and social support for needed coping and adaptation skills by facilitating resources and understanding as they adapt to life roles.
- To assist with a person's return to the community, job, or other appropriate level of care (subacute rehab, residential, etc.) facilitating maximum functional independence as possible.
- Family education and support by a full complement of healthcare providers; case-appropriate literature and follow-up.

Program Parameters: Scope of Services

- **Populations Served:** Acute rehabilitation for persons with impairments as a result of stroke.
 - **Parameters for Persons Served:**
 - Minimum age of 18 years, medically stable, mentally and physically capable of participating in 3 hours of therapy/day
 - Primary diagnosis of diagnosis of stroke which requires intensive and comprehensive cognitive, behavioral, physical, and psychosocial services.
 - Medical needs that require oversight by a PM&R physician and nursing with consultation availability as appropriate.
 - Expectations that the person served will make significant functional improvement within a reasonable period of time.
 - To address cultural needs, staff is trained in cultural diversity.
- **Setting:** Our two rehabilitation units are comprised of 43 beds in designated spaces, with access to two therapy gyms, and additional designated spaces to optimize patients' unique therapy needs and simulate individual home environments.
- **Days/Hours/Frequency of Services:** 24/7 nursing and medical coverage; minimum of 3 hours of therapy per day, 5 days per week: weekend therapy provided.
- **Specific Services Offered:** Physiatrist; 24/7 rehabilitation nursing; neuropsychology; physical; occupational and speech therapies; social work case management; consultative services as needed (Wound care, Nutrition, Prosthetic/Orthotics, etc.). Family education and support by a full complement of healthcare providers; case-appropriate literature and follow-up. Discharge destination as appropriate to the individual.
- **Payers and Funding Sources:** Financial eligibility demonstrated through the following payer sources include but not limited to: Medicare, Medical Assistance, private insurers, Worker's Compensation, self-pay.
- **Fees:**
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