

For the safety of our patients, staff, and community, visitation continues to be limited during the COVID-19 pandemic. In addition to general visitor guidelines for Sinai Hospital, the additional guidelines for the specialty units listed below must be followed.

Maternal Fetal Medicine

- Significant others are NOT allowed for routine MFM appointments*
- Significant others MAY accompany patients for the following procedures:
 - Chorionic villus sampling
 - Amniocentesis
 - External cephalic version

Labor and Delivery, Antenatal Unit Patients

- COVID negative:
 - One significant other will be allowed/required to remain with patient through duration of labor
 - A certified doula or other labor support person will be allowed/required to remain with patient through duration of labor
- COVID positive, symptomatic or asymptomatic:
 - One significant other will be allowed but must quarantine with the patient
 - Significant other MUST be healthy and free of symptoms
 - Doula or other labor support is not allowed
- Mothers who are admitted with antenatal complications will be allowed to have one visitor who is healthy and free of symptoms. Given that these mothers are admitted for prolonged periods of time, their one designated visitor will be allowed to leave the hospital and return as needed.

Mother Baby Unit

- COVID negative:
 - One significant other will be allowed to leave the hospital once per day (and return)
 - No other visitors allowed
- COVID positive, symptomatic or asymptomatic:
 - One significant other will be allowed but must quarantine with the patient
 - Significant other MUST be healthy and free of symptoms
 - No other visitors are allowed

*Accommodations will be made in accordance with Americans with Disability Association guidelines.