



100% HUMAN MILK

**The Best Nutrition.**

# When babies are born prematurely, it can be an overwhelming time for parents.

Mother's own milk is best, especially when it comes to feeding premature babies in the Neonatal Intensive Care Unit (NICU).

The breast milk you provide is a vital part of your baby's growth and development.

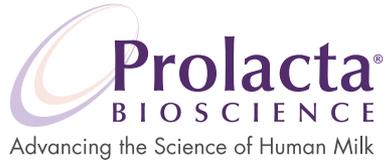
There are so many wonderful components to your breast milk that have nutritional benefits and support the development of your baby's compromised immune system.



Premature babies have unique nutritional requirements.

This is a critical time in a premature baby's life. Mother's breast milk is the most important food source for premature babies like yours. However, it does not provide enough nutrients for babies born this early, so it needs to be fortified with added nutrients. Additional calories, protein, vitamins and minerals are essential for satisfying your baby's nutritional needs, because they are growing at a faster rate than full-term babies.

Visionary Sincere Compassionate Nurturing  
Nurturing Quality Quality Compassionate  
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# Give your baby the best chance to grow strong.

The American Academy of Pediatrics recommends that all preterm infants receive pasteurized, donated human milk if mother's own milk is unavailable. In premature infants, breast milk feeding is associated with reduced infections and inflammatory diseases such as necrotizing enterocolitis (inflammation in the intestines). Human milk is also associated with enhanced neurodevelopmental outcomes and healthy early postnatal growth patterns.<sup>1</sup>

You're part of a team now in the NICU, a team of very caring professionals who want your baby to get the best from the very beginning. That's why your doctor has decided to fortify your breast milk with a fortifier made from human milk called Prolact+ H<sup>2</sup>MF<sup>®</sup>. Some new mothers may not be able to give enough breast milk. Fortunately, in those cases, Prolact+ H<sup>2</sup>MF<sup>®</sup> can also be combined with donor breast milk such as Prolact HM<sup>™</sup>.



<b>Prolact+4 H<sup>2</sup>MF<sup>®</sup></b> 24 Cal/fl oz	<b>Prolact+6 H<sup>2</sup>MF<sup>®</sup></b> 26 Cal/fl oz	<b>Prolact+8 H<sup>2</sup>MF<sup>®</sup></b> 28 Cal/fl oz	<b>Prolact+10 H<sup>2</sup>MF<sup>®</sup></b> 30 Cal/fl oz
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# Prolacta leads the industry in safety for nutritional products made from breast milk.

Prolact+ H<sup>2</sup>MF<sup>®</sup> is the only human milk fortifier made from breast milk, and it provides additional nutrients your baby needs. The breast milk used to make Prolact+ H<sup>2</sup>MF<sup>®</sup> is provided by mothers who want their extra breast milk to help other babies like yours. Prolact+ H<sup>2</sup>MF<sup>®</sup> is tested, pasteurized, concentrated, fortified with minerals, and manufactured under the strictest standards and safety guidelines to ensure consistent quality and nutrient content.

Your team of NICU healthcare providers is committed to using the healing power of breast milk for feeding your premature baby. Your own breast milk is vital to the health of your fragile premature infant. Ask your doctor or nurse if you have any questions about breastfeeding or Prolact+ H<sup>2</sup>MF<sup>®</sup>.

Take a virtual tour of the Prolacta facility and find additional resources for parents on Prolacta's YouTube Channel.



**To learn more about  
Prolacta and the full  
line of 100% human  
milk-based products,  
visit [www.prolacta.com](http://www.prolacta.com)  
or call 888-PROLACT  
(888-776-5228).**

1. American Academy of Pediatrics. Breastfeeding and the Use of Human Milk. Section on Breastfeeding. [originally published online February 27, 2012]. Pediatrics. DOI: 10.1542/peds.2011-3552